

# A Healing Intensive Retreat

Led by **Rahima Schmall, Ph.D., R.N.**, with **Wadude Laird, M.D.**  
**Nura Laird, M.Ed.**, **Na'ama McCreedy** and **Rahma Zaga**

**New Dates: January 31-February 4, 2019**

At the Shadhiliyya Sufi Retreat Center in Pope Valley, CA



The Healing Intensive Retreat offers participants an immersion in spiritual healing work and the experience of Love which can return us to our true selves. Through **individual and group healings, teachings and bodywork**, participants move through issues that have left them stuck, sometimes for years. Years of experience have created a program where deep transformations happen!

A Healing Intensive is beneficial for anyone at anytime, but especially if you are:

- ♥ Encountering health issues and wanting to move through the deeply held experiences and beliefs that contribute to illness and suffering at the physical, heart and soul levels of your being
- ♥ Needing a breakthrough in relationship or life issues
- ♥ Wanting to heal or deepen your connection to God



This retreat will be led by **Rahima Schmall, Ph.D., R.N.** and other compassionate and experienced Sufi healers, including:



**Wadude Laird, M.D.**  
**Nura Laird, M.Ed.**  
**Na'ama McCreedy** and  
**Rahma Zaga.**

The cost of the **five day program is just \$1,100** and includes:

- ♥ initial and final individual assessments
- ♥ four healings
- ♥ three bodywork sessions
- ♥ daily classes to support your healing and connection to the Divine
- ♥ room and meals (gluten-free and veg options included)

Please **register** at <https://www.suficenter.org/healing-retreat>.

**Questions?** Contact Rahima at [dr.rahima@sacredsoulpsychology.com](mailto:dr.rahima@sacredsoulpsychology.com) or 707-318-4470.



*Note: Our retreat center is not easily wheel chair accessible. We can accommodate those with limited mobility.*

**Please tell your friends and clients about this opportunity!**

*The Healing Intensive Retreat is s an **excellent choice** for anyone who is struggling and needs healing. If you know of someone who could benefit, please let them know about this retreat!*

A downloadable flyer is at: <https://tinyurl.com/healing2018new>.